Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ M1: \_\_\_ M2: \_\_\_

Metacognition Trimester 3: Math

*You have been working from home for the last 2 weeks instead of in the classroom. You are going to use this chart to help you with strategies to stay focused and motivated whilst working from home. To complete the first half, look at the PowerPoint your teacher has sent you. She will tell you when to complete the other sections.*

**RED**: I still need to work on this a lot.

**YELLOW**: I have improved but I still need to work on this.

**GREEN:** I can do this perfectly.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **Things to improve** | **How** will you improve? *Write 1 or 2 strategies*  | Week 3 | Week 4 | Week 5 |
| **Attitude –** staying focused, working independently  | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Ver las imágenes de origen | Ver las imágenes de origen | Ver las imágenes de origen |
| **Understanding** – clarifying doubt, checking work | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Ver las imágenes de origen | Ver las imágenes de origen | Ver las imágenes de origen |
| **Time Management –** am I using my time wisely? | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ | Ver las imágenes de origen | Ver las imágenes de origen | Ver las imágenes de origen |

*In week 5 reflect on your progress and answer the questions below:*

I was great at \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

I still have to work on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

I will do this by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.